

One of Those Days—Or Is It?

Perhaps you got up this morning and from the burnt toast onward you knew it was going to be “one of those days.” Nothing seemed to come out right! The letter you expected did not come, you were held up in a traffic jam, your arthritis flared up and you had a confrontation with a co-worker.

You may feel like saying, “This just isn’t my day!” But don’t feel discouraged and give up because the words spoken by Christ 2000 years ago can make all the difference in your outlook. “Lo, I am with you always, even to the end of the age” (Matthew 28:19b,20).

“Always” here means that Christ will be with you all the days, any day, every day. There will be days when you may not be conscious of God’s presence. But Christ lives in the believer’s heart and the Holy Spirit is alongside to help. There are no exceptions. His promises hold true not only on good, glad days but on dull days, dark days, lonely days, surgery days, tax days -- He will be with you in troubles as well as triumphs.

Why not begin your day with God, like the psalmist: “But I cried to you for help Lord; in the morning my prayer comes before you” (Psalm 88:13). Then you can say in faith: “This is the day the Lord has made; let *me* rejoice and be glad in it” (Psalm 118:24). Instead of, “Just one of those days;.” rather, it is His day and He has promised to be with you ALWAYS.

Blessings on your day, Uncle Barnabas